

FORT DODGE

CORRECTIONAL FACILITY

ANNUAL REPORT



July 1, 2022 - June 30, 2023

Creating Opportunities for Safer Communities

SUBMITTED PURSUANT TO THE CODE OF IOWA

Beth A. Skinner, PhD, Director

Iowa Department of Corrections

RE: FDCF Annual Report for Fiscal Year 2023

On behalf of the staff at the Fort Dodge Correctional Facility, I am pleased to present the Annual Report for the fiscal year 2023. FDCF continues to work through the challenges of staff recruitment and retention while striving to meet the needs of the incarcerated individuals assigned to the institution. FDCF's staff are the greatest asset to achieve our mission both inside and out of the institution as we continue to model the way.

FDCF offers evidence-based programming such as Achieving Change through Value Based Behavior (ACTV) and Moral Recognition Therapy (MRT). Education offers High School Equivalency, Literacy, and Life Skills classes. FDCF continues to partner with Iowa Central Community College with the very successful Second Chance Pell Grant. Current apprenticeships programs that are offered at FDCF include, Plumbing and Electrician programs and currently setting up a barbershop to offer a barbershop apprenticeship in the near future.

Private Sector jobs are available at FDCF through Iowa Prison Industries (IPI). IPI offers jobs from manufactures like POLO and Viridian Fire, as well as Brail and other manufacturers. These job opportunities benefit the facility and the department as well as the incarcerated individuals learning job skills, life skills, and compensates them to give them the ability to pay off or down fines and restitution prior to release.

FDCF will continue to meet any and all challenges head on and will adapt to any and all changes within policy and the department's mission. FDCF is committed to the public safety and the reduction of future victimization. The mission of the Iowa Department of Corrections is "Creating opportunities for Safer Communities." FDCF is an important part of that mission and will continue to be for the people of Iowa.

Sincerely,

Deputy Warden, Don Harris

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MISSION STATEMENT

To protect the public, employees, and offenders by operating a safe and secure medium security institution with emphasis on treatment options for all offenders.

VISION

The vision of the Fort Dodge Correctional Facility is to continue to provide a safe, secure, and healthy environment by promoting positive change in behaviors and beliefs to empower offenders to become productive citizens in their community.

VALUES & BELIEFS

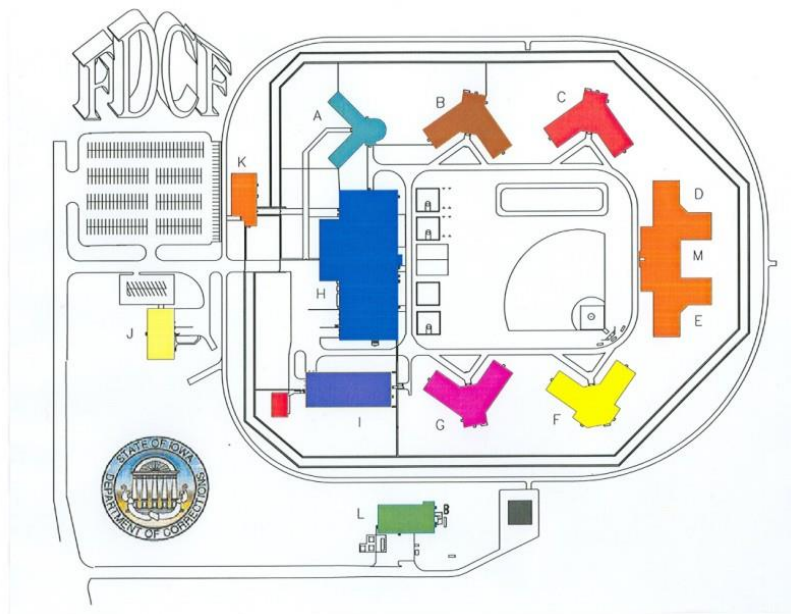
- ◆ All staff impact offender attitudes, beliefs, and behaviors in a co-created environment
- ◆ We model what we value
- ◆ We support personal growth and professional development
- ◆ We value a positive integrated approach to security and programming
- ◆ We plan for the future by utilizing current research and updated technology
- ◆ We are fiscally responsible



FORT DODGE CORRECTIONAL FACILITY

The Fort Dodge Correctional Facility (FDCF) is a medium security prison located on 60 acres of land in southern Fort Dodge. The facility was originally designed to house 762 adult male incarcerated individuals in a double occupancy celled environment. In 1996, construction began and in April 1998, the facility officially opened. With the ongoing need for public safety, the legislature and Governor approved an expansion for an additional 400 beds and program space, all happening before the first incarcerated individual ever arrived at the facility. The expansion was completed in late 1999. In FY01, 127 two-man cells were converted to house three incarcerated individuals. As of today, the current rated capacity is 1162.

The Facility has seven housing units total, each organized to support positive behavior and has a specific function. In addition to the housing units, the facility consists of administration and treatment buildings – annex and a pole barn. A primary perimeter security is provided by a double fence system with electronic detection.



LOCATION

The Fort Dodge Correctional Facility is located in Webster County in the southwest corner of Fort Dodge. The physical address of the facility is 1550 L Street, Fort Dodge, Iowa.

FDCF UNITS

A UNIT

Unit A is classified as maximum custody and contains 48 security cells and one CMC cell with one SSIP bed. Unit A houses protective custody, investigative segregation, administrative segregation and disciplinary detention incarcerated individuals.



BOONE UNIT



Boone Unit East Wing is classified as the segregation unit with 137 segregation beds, 3 MHO beds, and 1 SSIP bed.

The east wing houses administrative segregation, disciplinary detention, protective custody, short term restrictive housing (STRH) and investigative segregation.



Boone Unit West Wing has 107 beds that houses long term protective custody offenders. The wing is divided up into two different phases, phase II and phase III offenders.





Cedar Unit

Cedar unit is a general population unit designed to hold 264 offenders. The majority of the offenders housed on this unit live in three man cells and are TIP 2 status. During the day (day shift), Cedar is staffed with three correctional officers, three correctional counselors, one psychologist, and one treatment service director. During second shift (evening shift), the unit has three correctional officers and during the night (night shift) has one correctional officer.

Dolliver Unit

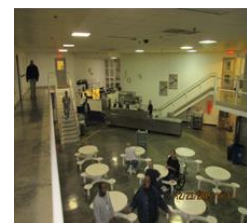


Dolliver is a 196 bed unit that houses PL 2 phase 2 offenders and each cell houses four offenders. The offenders range from guys arriving new to the facility to guys being released from segregation. The stay on Dolliver is generally right around 60 days if the offender's behavior is appropriate.

On day shift there are three correctional officers, two correctional counselors, and one treatment service direction assigned to Dolliver. On second shift, there are three correctional officers assigned to Dolliver. On the overnight shift, there is one correctional officer assigned with another officer that floats in and out.

Emmet Unit

Emmet unit is classified as a medium custody unit that houses all PL4 offenders. This unit utilizes 4 man cells with a capacity of 196 offenders. On the unit you can find 1 psychologist, 3 correctional officers, and one unit manager. Emmet now houses the Iowa Central Community College computer lab for offenders pursuing their degree. The unit contains vending machines, toasters, pizza and toaster ovens, televisions, and computers for o-mail and personal business use. The focus for staff working on the unit is to help offenders make positive changes in their behavior and prepare them for success upon their return to the community.



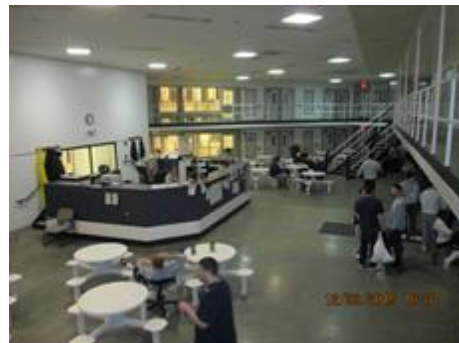
Floyd Unit



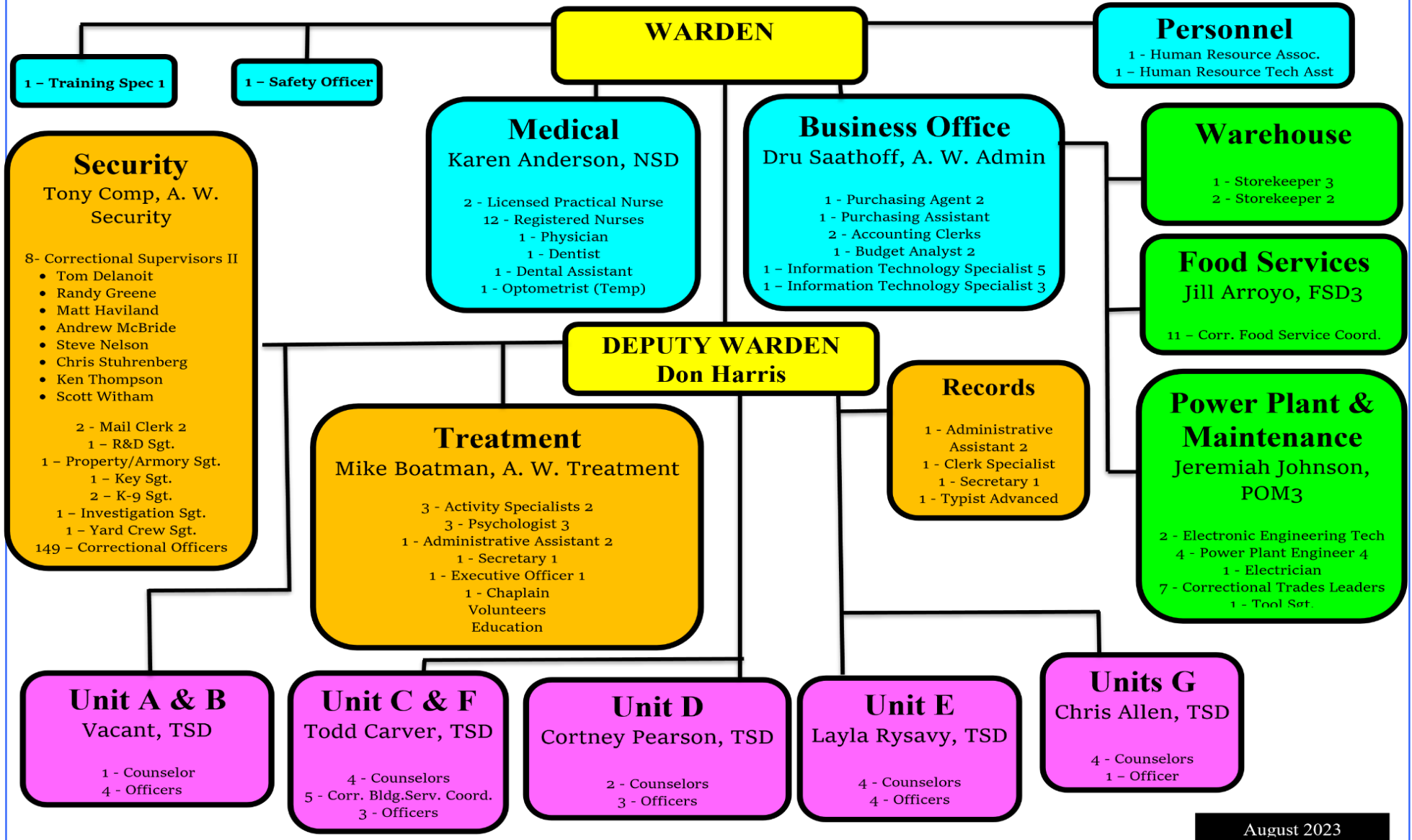
Floyd unit was opened on November 17th, 1998 and is a general population unit that is designated to hold 192 offenders. All offenders housed on Floyd are TIP 4 offenders and live in two person cells. Incarcerated individuals residing on the unit must either be employed or retired (age 65+). Floyd is also the only housing unit that has community restrooms and wood doors where offenders have keys to their cells. During the day (day shift), Floyd is staffed with two correctional officers and four correctional counselors. Floyd unit and Grove unit share a Treatment Services Director with his office being on Grove. On the second (evening shift), Floyd is staffed with two correctional officers and during the night (night shift), Floyd is staffed with two correctional officers.

Grove Unit

Grove unit is a general population unit designed to hold 264 offenders. Incarcerated individuals on Grove unit are TIP 3 status and are housed in both two and three person cells. Residents of this unit are predominantly in treatment or employed by FDCF. During the day (day shift), Grove is staffed with three correctional officers, three correctional counselors, and one treatment service director. On the second (evening shift), Grove is staffed with three correctional officers and during the night (night shift), Grove is staffed with one correctional officer.



Fort Dodge Correctional Facility



Programming

Achieving Change Through Value-Based Behavior

The 24 section sections of this manual guide domestic violence offenders to put their lives and relationships on an entirely different track by equipping them to make different choices than they've made in the past. You are working with them to increase their awareness of the factors that influence their behavior (e.g., past experiences, unwanted mental experiences, barriers to change) and, building on that awareness to learn new, workable behaviors consistent with their values.

The content of the 24 sessions is organized in five categories: The Big Picture, Barriers to Change, Emotion Regulation Skills, Cognitive Skills, and Behavioral Skills.

The Big Picture sessions present just what it says – the “big-picture” concepts and basic tools that participants can use to build a more workable life. Everything covered over the 24 weeks can be placed somewhere on the Core Skills Matrix that you will use frequently to illustrate and practice the skills that the group is learning. The Big Picture sessions are repeated several times throughout the 24 weeks. You present a Big Picture session every time as if it were new to the entire group because the way the ideas and skills fit together needs to be reinforced for experienced participants. Their participation in the discussion will demonstrate their grasp of this material and help engage new participants.

The Barriers to Change sessions highlight behaviors (such as alcohol abuse) or conditions (such as depression or being unemployed) that can challenge participants' progress. The 13 sessions that together form the “skills” module give participants the knowledge and tools to observe and work with their own thoughts and feelings, as well as improve their ability to communicate and resolve conflicts.

Thinking for a Change

Thinking for a Change covers the following components: cognitive self-change, social skills, and problem solving skills. Cognitive self-change teaches individuals a concrete process for self-reflection aimed at uncovering antisocial thoughts, feelings, attitudes, and beliefs. Social skills instruction prepares group members to engage in pro-social interactions based on self-understanding and consideration of the impact of their actions on others. Problem solving skills integrates the two previous interventions to provide group members with an explicit step-by-step proves for addressing challenging and stressful real life situations.

Moral Reconciliation Therapy

Moral Reconciliation Therapy (MRT) seeks to decrease recidivism among both juvenile and adult criminal offenders by increasing moral reasoning. MRT is systematic and implements a cognitive-behavioral approach, which positively addresses an adolescent's ego, social, moral, and positive behavioral growth. Groups meet once a week for 12 weeks. MRT uses 12-16 objectively defined steps, which focus on seven basic treatment issues:

- ◆ Confrontation of beliefs, attitudes, and behaviors
- ◆ Assessment of current relationships
- ◆ Reinforcement of positive behavior and habits
- ◆ Positive identity formation
- ◆ Enhancement of self-concept
- ◆ Decrease in hedonism and development of frustration tolerance
- ◆ Development of higher stages of moral reasoning

MRT Trauma

The trauma-informed care recovery program includes a 67-page workbook ***Breaking the Chains of Trauma*** that is based on the MRT approach. The program is designed to be either-session group format that can be implemented in an open-ended format (where new participants can enter at any time) or as an eight-session psych-educational class.

- ◆ Defining Trauma
- ◆ Trauma Covers Us In Chains
- ◆ Acceptance and Seeing Reality-Recovery Process
- ◆ Being Truly Aware and Mindful
- ◆ Relationships
- ◆ Taking Charge: The Courage To Be Free
- ◆ The Future, Goals, and Becoming Who You Want To Be
- ◆ Striving for Superiority Versus Just Surviving

Prime for Life

As determined by their IDOT record, Individuals needing their driver's license reinstated per the requirement of taking Drinking Driver School, are the only individuals who will be enrolled into Prime for Life. Per Iowa Code 321J, participants are required to complete 12 hours of class. In Prime for Life, participants will identify what matters most to them, while learning skills on how to protect those values. They learn addiction is a lifestyle related health problem, where the outcome is the sum their biology and their choices. During class, participants are made aware of what they can and cannot change. Research is provided to reflect what is high-risk and low-risk for most people. When presented these guidelines, individuals explore how they need to adjust their own alcohol and drug choices.

Tech2Connect

Early in 2022, the Fort Dodge Correctional Facility joined the Second and Seventh Judicial Districts in the pilot program called Tech2Connect. The mission on this program is improving and expanding resources for all clients under correctional supervision and for incarcerated individuals to remain more connected to their community than to the prison they are currently residing in. This program provides tablets for participants to use while incarcerated. Tablets were officially deployed within the facility in March 2022. Program participants within the facility are able to check out a tablet on a regular basis. On the tablet, they are able to access community resources, individual meetings for skill building or re-entry planning, self-paced treatments, and group classes in a virtual classroom. Additional programming opportunity provides an increase in treatment dosage that they can start in the facility and continue in the community after release. There are several programs on the tablets for topics including substance abuse, addiction, education, money management, workplace skills, career exploration, and more. One of the programs on the tablet is called The Master Plan, which was created by Chris Wilson based on his book called The Master Plan. Chris was formerly incarcerated and sentenced to life. Throughout his incarceration, he wrote his Master Plan that eventually convinced a judge to reduce his sentence and he was ultimately released. Today, Chris is a mentor, public speaker, and a successful entrepreneur.

Through the Tech2Connect program, participants are connected to essential community resources that can include mental health care, housing opportunities, and mentorship programs. The feedback from participants has been very positive.

12 Steps Programs

In 2022-23, the Fort Dodge Correctional Facility participated with four different 12 step programs including Alcoholics Anonymous, Narcotics Anonymous, 1-Eighty Miracles, and Celebrate Recovery. These programs provided community for incarcerated individuals and volunteers to share their stories of addiction and stories of recovery. These programs helped to facilitate a safe space for truth telling, vulnerability, positive change as well as guidance with creating a healthy mindset and focusing on one day at a time.

Religious Activities

In 2022-23, the Fort Dodge Correctional Facility was home to 21 world religions. These faith traditions provided stability, fellowship, and connection for incarcerated individuals. The chapel library provided religious materials and resources to facilitate spiritual education and direction. During most of the year, religious volunteers were not coming into the institution, and many incarcerated individuals stepped up to fill the gap by learning new leadership and public speaking skills that enabled the religious meetings to continue. Religious volunteers returned near the end of the period and continue to provide care, leadership, and wisdom.

Education

Incarcerated individuals are encouraged to participate in educational programming if they lack a HiSET/GED, high school diploma, or read below the sixth-grade level. Per state law, specified sanctions can be applied if the incarcerated individual chooses not to participate. These can include eligibility only for a minimum allowance, placement in idle status, ineligibility for minimum-outs status, and for other privileges as determined by the department. Approximately 28% of the population at the facility requires such schooling. School capacity is 240 students for HiSET, Literacy, and Title 1.

HiSET, Literacy, and Title 1 instruction is provided daily from 8:00 AM to 3:30 PM. State licensed instructors contract with Iowa Central Community College (ICCC) to provide instruction focusing on completion of a HiSET diploma and/or reading proficiency at a 6th grade reading level. Students aged 22 and under are in class for three hours a day, while others attend a minimum of one and a half hours a day. Depending on the student's ability, the completion time for the HiSET varies with the average time being 4-5 months.

Prairie Lakes Education Association provides an instructor for students age 21 and under, who have an active IEP and therefore require special education instruction.

A Life Skills program is also offered at the facility with 30 students (15 per session) attending three hours a day. There is one full-time life skills instructor. The eight-week program focuses on career planning, job seeking skills, time management, communication skills, relationships, money management, health and wellness, computer skills, and other transition life skills. The incarcerated individuals are classified for this intervention if they have employment as a top three need, but they also may request to take the class even if they are not classified to participate.

Vocational classes are also offered at the facility at no cost to incarcerated individuals. For the FY22 school year, classes offered included Welding, Carpentry, and Industrial Safety (OSHA 10, forklift, and CPR). Instructors from Iowa Central Community College come to the facility to teach classes. Students must have their high school diploma or equivalency diploma in order to sign up for these programs. Preference is given to incarcerated individuals who are within two years of release and have been report free for six months.

Guided self-study programs are also available for ServSafe and Pesticide Applicator programs. Students check out the materials from the education department and study at their own pace. Official testing is administered by the education staff. There is no cost to incarcerated individuals for this testing.

Iowa Central Community College is one of 67 colleges selected from across the nation to participate in the Second Chance Pell Pilot program. The Department of Education launched this pilot program to open up the opportunity for those currently incarcerated to apply for Federal Pell Grants. If eligible, they can currently choose from different programs offered at the facility: Carpentry, Welding, or an online Associate of Arts degree. Instructors from Iowa Central come to the facility to teach the college credit courses. These incarcerated individuals are full-time college students that participate in the same curriculum that is offered on campus.

A graduation ceremony is held semi-annually to recognize those incarcerated individuals that successfully complete their HiSET or diploma in Welding, Carpentry, and the Associate of Arts degree.

Community Projects by Incarcerated Individuals

Staff has strived to promote the concept of community service to the incarcerated individuals at FDCF. During the past year, incarcerated individuals have volunteered their time to Backpack Buddies. Several incarcerated individuals and staff work with outside volunteers from the Fort Dodge Noon Sertomas for the **Backpack Buddy Program**. The program was started to make sure underprivileged children in the Fort Dodge area were not hungry. On a routine basis throughout the school year the group packages food to be distributed to the youth so not only are they fed at school but have food when they get home.

There are several self-help groups at FDCF. One of their priorities is to look at ways to give back to the community. Those groups are as follows:

The **Asian Affairs Group** was established to bring cultural awareness to the group. In addition to the overall group donations summarized below, they also donated \$3,000 to the Phothisomphan Meditation Monastery.

The **FDCF Growth** (Gains, Respect, Opportunity, Willingness, Trust, and Health) Quilt Project provides ongoing support to many local service agencies. It is great to see these men begin to believe in their own abilities, develop respect for one another's ideas, and then come together as a team to give something back to the local community. The essence of Restorative Justice Programs allows offenders to give back to communities.

The **Humanist Group** is an incarcerated individual led self-help group here at FDCF. Humanist is a philosophy that believes in personal responsibility, that what you do good or bad is on the person themselves. It is also an acknowledgement that one's future relies on their education and focuses its followers to pursue knowledge, as well as the belief to be nice to all people.

The **Incarcerated Veteran's Organization** was established to allow veterans who are incarcerated within the facility to meet and discuss shared experiences as well as provide support for outside veteran's organizations.

The **Lifer’s Group** is comprised of individuals serving life sentences who wish to give back to the facility and the community. In addition to the overall group donations summarized below, they also donated \$500 to Special Olympics and \$500 to Relay for Life.

Spanish Affairs organization teaches the Spanish as a Second Language class. They are key supporters of the Backpack program and Relay for Life.

The **Toastmasters Group** was established with purpose of affording incarcerated individuals with the opportunity to develop leadership and public speaking skills.

YMAP (Young Men’s Awareness Program) is a group that was established to provide peer programming to youthful incarcerated individuals. This group targets the age group of 18-24 with some exceptions for other age groups. The purpose of YMAP group is to educate, encourage, give hope, instill discipline and teach the men to accept responsibility for their actions, thus empowering them to work on correcting their negative behaviors, to grow positively and give them the necessary tools to make better choices while incarcerated and when released. It is a remedial and therapeutic group. They provide a financial incentive to young men upon release based on the number of meetings they attended. This fiscal year those incentives totaled \$225.25.

In November of FY22, the facility changed how we handled group sales. At that time, all sales were combined into one account and donations are voted on by the leaders of the groups highlighted above. Group donations out of this combined account were as follows for FY23:

309 Club	\$2,000
AFES	\$4,000
African American Cultural Museum	\$1,000
Almost Home	\$6,000
Beacon of Hope	\$4,000
Big Brothers/Big Sisters of Central Iowa	\$1,500
Bikes for Tykes	\$2,500
Boys and Girls Clubs of the Cedar Valley	\$1,500
Brushy Creek Honor Flight	\$500
Camp Quest	\$2,000

Fort Dodge Correctional Facility FY2023 Annual Report

Central Iowa Shelter Services	\$1,500
Community Health Center	\$2,500
Creative Visions	\$1,500
DSAOC	\$8,500
Everybody Wins	\$1,500
Fisher House	\$4,000
Flag over the River	\$570
Go Humanity	\$500
Habit for Humanity	\$1,500
Heartland Hope	\$1,000
Integrated Treatment Services	\$1,000
Iowa Veterans Home – Special Funds	\$500
Junior Achievement – Cedar Rapids	\$500
Junior Achievement - Des Moines	\$500
Lazy J. Rescue Ranch	\$3,000
Lord’s Cupboard	\$4,000
Lotus Community Project	\$4,000
LuVerne Veteran’s Park	\$500
Mothers Against Violence	\$1,000
Mount Moriah Missionary, Back to School	\$1,000
Phothisomphan Meditation Monastery	\$1,000
Relay for Life	\$2,000
Ronald McDonald House – Des Moines	\$2,000
Ronald McDonald House – Iowa City	\$2,000
Salvation Army	\$4,000
Sertoma / Backpack Buddies	\$10,000

Special Olympics	\$2,000
Teen Challenge of the Midlands	\$1,500
Toys for Tots	\$3,500
Upper Des Moines Opportunity	\$9,000
United Way	\$1,000
Veterans Memorial Park Fund	\$1,000
Youth Emergency & Shelter Services, Ames	\$1,500
Youth Shelter Services	\$1,500
YWCA	\$1,500
<u>Total</u>	\$107,570

The **Insiders Relay for Life** did not have a relay in FY23, but raised funds through sales and donations from various groups, with that \$7,000 was donated to the American Cancer Society.

In addition, a special fundraiser was held to raise money for **Special Olympics** and \$5,443 was donated.

**Iowa Department Of Corrections
FY2023 Financial Status Report
FDCF 252-A80-0001**

FTE Positions	Department Revised Budget	Actual Revenues and Expenditures	Percent (Actual of Budget)
Correctional Officer	164.00	124.54	75.94%
Total Staffing	288.00	246.12	85.46%
Resources Available			
04B Balance Brought Forward	49,032.78	49,032.78	100.00%
05A Appropriation	32,636,226.00	32,636,226	100.00%
05L Legislative Reductions	0.00	-	-
05H Legislative Adjustments	0.00	0.00	100.00%
05O OCIO Rate Adjustment	0.00	0.00	100.00%
201R Federal Support	0.00	0.00	0.00%
204R Intra State Receipts	0.00	261,574.76	0.00%
205R Reimbursement from Other Agencies	10.00	0.00	0.00%
234R Transfers - Other Agencies	133,883.00	136,653.45	102.07%
401R Fees, Licenses & Permits	110,000.00	133,064.04	120.97%
501R Refunds & Reimbursements	250,000.00	184,022.63	73.61%
602R Sale of Equipment & Salvage	1,000.00	1,421.58	142.16%
Total Resources Available	33,180,151.78	33,401,995.24	100.67%
Funds Expended and Encumbered			
101 Personal Services-Salaries	26,964,676.00	24,526,965.85	90.96%
202 Personal Travel (In State)	15,000.00	44,941.38	299.61%
203 State Vehicle Operation	80,000.00	76,279.79	95.35%
204 Depreciation	20.00	270,000.00	1350000%
205 Personal Travel (Out of State)	500.00	7,982.34	1596.47%
301 Office Supplies	35,000.00	39,225.33	112.07%
302 Facility Maintenance Supplies	270,000.00	403,829.32	149.57%
303 Equipment Maintenance Supplies	160,000.00	273,774.11	171.11%
304 Professional & Scientific Supplies	137,000.00	236,108.60	172.34%
306 Housing & Subsistence Supplies	459,032.78	491,739.06	107.13%
307 Ag,Conservation & Horticulture Supply	9,000.00	396.39	4.40%
308 Other Supplies	75,000.00	122,601.22	163.47%
309 Printing & Binding	0.00	43.11	0.00%
311 Food	1,950,000.00	2,219,662.38	113.83%
312 Uniforms & Related Items	285,000.00	249,908.93	87.69%
313 Postage	10.00	3,224.43	32244.30%
401 Communications	61,000.00	62,487.47	102.44%
402 Rentals	9,000.00	13,089.52	145.44%
403 Utilities	965,000.00	1,025,207.04	106.24%
405 Professional & Scientific Services	415,000.00	499,514.49	120.36%
406 Outside Services	132,000.00	136,739.92	103.59%
407 Intra-State Transfers	150.00	11,752.77	7835.18%
408 Advertising & Publicity	40,000.00	70,781.12	176.95%
409 Outside Repairs/Service	78,390.00	189,984.42	242.36%
414 Reimbursement to Other Agencies	310,000.00	312,505.79	100.81%
416 ITS Reimbursements	170,000.00	209,540.94	123.26%
418 IT Outside Services	0.00	3,606.18	0%
434 Transfers - Other Agencies Services	708.00	-717.00	-101.27%
501 Equipment	10,500.00	358,789.03	3417.04%
502 Office Equipment	1,000.00	0.00	0.00%
503 Equipment - Non-Inventory	70,000.00	354,036.26	505.77%
510 IT Equipment	85,000.00	557,563.95	655.96%
601 Claims	150.00	0.00	0.00%
602 Other Expense & Obligations	385,000.00	357,462.32	92.85%
701 Licenses	6,900.00	13,064.95	189.35%
702 Fees	15.00	0.00	0.00%
901 Capitals	100.00	5,104.51	5104.51%
91B Balance Carry Forward	0.00	147,509.02	-
93R Reversion		107,290.30	-
74T Appropriation Transfer Out			-
Total Expenses and Excumbrances	33,180,151.78	33,401,995.24	100.67%

**Iowa Department Of Corrections
FY2023 Financial Status Report
FDCF 252-A80-0001**

	Department Revised Budget	Actual Revenues and Expenditures	Percent (Actual of Budget)
Resources Available			
Balance Brought Forward	570,791.02	570,791.02	100.00%
204R Intra State Receipts	-	-	-
301R Interest	-	-	-
401R Fees, Licenses & Permits	-	-	-
501R Refunds & Reimbursements	0.00	30,470.58	0.00%
606R Other Sales & Services	115,000.00	136,210.01	118.44%
Total Resources Available	611,109.21	737,471.61	116.68%
Funds Expended and Encumbered			
301 Office Supplies	15,000.00	21,724.17	144.83%
302 Facility Maintenance Supplies	7,000.00	1,752.45	25.04%
303 Equipment Maintenance Supplies	3,000.00	7,139.65	237.99%
304 Professional & Scientific Supplies	1,000.00	0.00	0.00%
306 Housing & Subsistence Supplies	1,000.00	0.00	0.00%
307 Ag, Conservation & Horticulture Supply	1,000.00	0.00	0.00%
308 Other Supplies	15,000.00	24,759.68	165.06%
311 Food	1,000.00	412.10	41.21%
402 Rentals	0.00	350.00	0.00%
405 Professional & Scientific Services	1,000.00	948.73	94.87%
406 Outside Services	3,000.00	15,063.22	502.11%
407 Intra-State Transfers	24,000.00	0.00	0.00%
409 Outside Repairs/Service	4,000.00	0.00	0.00%
418 IT Outside Services	0.00	5,802.41	0.00%
434 Gov Transfer Other Agencies	0.00	42,974.91	0.00%
502 Office Equipment	2,000.00	0.00	0.00%
503 Equipment - Non-Inventory	25,000.00	37,482.59	149.93%
510 IT Equipment	6,000.00	7,808.19	130.14%
701 Licenses	6,000.00	9,191.67	153.19%
- Balance Carry Forward	570,791.02	562,061.84	98.47%
Total Expenses and Encumbrances	611,109.21	797,471.61	120.68%

Expenditures by Major Cost Center

FY23	Fund 0001
Administration	\$ 3,036,677.37
Support	\$ 8,846,691.34
Care Treatment	\$ 6,797,457.15
Custody Security	\$ 14,466,370.06
	\$ 33,147,195.92

Offender Fees Collected

Pay for Stay	\$ 132,464.04
Admin Fee	\$ 5.00
Clothing	\$ 59.82
Copies	\$ 530.99
Medical	\$ 7,821.77
Postage	\$ 10,953.22
Property Damage	\$ 108.00
	\$ 151,942.84

Average Daily Costs \$ 80.81

\$ Spent on Utilities

Electricity	\$ 421,936.60
Gas	\$ 207,897.95
Water	\$ 144,590.51
Sewage	\$ 250,781.98
	\$ 1,025,207.04

Beginning Inventory (Dietary) \$ 87,895.00

Ending Inventory (Dietary) \$ 136,259.00

Drug Expenditures IMCC pays all drug
Expenditures

Meals Total Cost \$ 2,083,404.00

Total Meals Served 1,418,845

Food Cost Per Meal \$ 1.47

Health Services Data

XRAYS	OFF-SITE VISITS	LABS
345	716	1800

Health Services Encounters Total Encounters by Discipline

Physician	7231
Nurse	22565
Psychiatrist	1546
Psychologist	6620
Dentist	1994
Optometry	497
Nurse Practitioner	1067

Medical Expenses

Total Medical Expenses:	\$3,378,266.13
Average Cost Per Month:	\$281,522.18
Average Daily Count:	1163.21
Average Cost per Offender per Month:	\$242.02

Mental Health

The Iowa Department of Corrections has done a careful analysis of data gathered from its own computerized records. Although initial data showed a lower percentage of individuals with mental illness in the system, the development of additional assessments like the mental health appraisal, which is given to all incoming incarcerated individuals, has impacted outcomes. Increased staff awareness of mental health issues has helped with identifying and referring individuals to clinical staff for future assessment and intervention whenever mental health issues occur.

The data gathered has shown currently FDCF population has approximately 769 incarcerated individuals with an identified mental health illness either active or in remission. Whether it is a simple depressive episode that requires short term medication and supportive treatment or it is a conversion disorder that requires frequent medical and psychiatric interventions, including appropriate consultations with the University of Iowa Hospitals and Clinics, this group may not represent the core population of the mentally ill that is cared for but they do demand significant resources.

The data has also shown approximately 161 incarcerated individuals has been diagnosed with a serious mental illness or as special needs. These are those with either an active diagnosis or those identified as being in remission. This includes all those diagnosed with an illness that is often characterized as a chronic and persistent mental illness.

It should be noted that this population is difficult to treat, has cyclical episodes despite stability on medication, and often has a course that shows functional decline over the years despite the best of interventions the system uses to provide stability. It is this population that demands the most from the limited resources available.

Security

The security department at FDCF is comprised of 164 correctional officers, 8 senior correctional officers, 2 K9 officers, 8 captains, and 1 associate warden of security. The department plays a critical role in the IDOC's mission through continuous interactions with incarcerated individuals in our direct supervision environment. Security staff receives on-going coaching focused on core correctional practices so each interaction is productive and assists with their eventual return to their communities as productive members of society.

CERT Challenge



This year's Cert Challenge was held at Brushy Creek State Park on September 21st and included 12 teams from around the state. Each team consisted of 3 team members whom competed in 9 different courses throughout the day. The courses consisted of 6 physically challenging obstacles and 3 firearm courses (rifle, pistol, and shotgun). Each course is designed to simulate scenarios that CERT operators could encounter during an emergency, while challenging the individuals by testing the limits of their skills under stress. A majority of the courses are designed for team members to have to work efficiently as one to obtain the best time. This competition builds camaraderie, while giving tactical operators the opportunity to get to know and work with team members at the other institutions.

◆ 2022 Cert Challenge Results ◆

1 st	ASP	Tritle, Holuv, Slyvester	106
2 nd	IMCC #1	Jensen, Barker, Schwebke	99
3rd	FDCF #1	Lucht, Sturhrenberg, Young	99
4 th	ISP	Weatherington, Jobe, Mckinney	88
5 th	IMCC #2	Trivino, Pooch, Kieser	77
6 th	CCF	Neal, Lank, Nelson	58
7th	FDCF #3	Neumann, Ulicki, Alex Campbell	54
8 th	NCF	Pfeier, Galbreth, Trease	54
9 th	ICIW	Olson, Schroeder, Halsrud	50
10 th	IMCC #3	Whitmore, Little, Holland	43
11th	FDCF #2	Aaron Campbell, Jeckell, Jepson	31
12 th	MPCF	McDonald, Slauter, Muller	21



3rd Place Finish – FDCF/NCCF
Sturhrenberg - Young - Lucht



Top Shot: Nate Lucht – NCCF
(FDCF/NCCF Team)

Library

FDCF provides offenders with access to an approximately 9800 volume library specializing in general reading materials. In addition to fiction, notification and reference books, the library also provides newspaper for offender use. Interlibrary loan services are also available. The library provides computerized access to legal forms and correspondence. The library has computers available for offender use, which can be utilized for word processing and for completing legal forms.

Media Center

The media center's inventory consists of educational DVDs, entertainment DVDs and treatment DVDs. The media center uses a system that broadcasts to televisions throughout the facility. There are three inmate channels provided by the facility through the Media Center. This has allowed for communication to be provided throughout the facility for the offender population as it relates to changes and practices. The equipment has allowed communication through a closed circuit system to offender's televisions inside their cells.

Executive Officer

Our executive officer (EO), Jenni Ortmann, offers several support services to the individuals incarcerated (I/I) at FDCF. These services include, but are not limited to assisting I/I's apply for a social security card duplicate, obtain driver's license records, provide documents to assist in obtaining a state ID outside of incarceration, offer insight to employment in the releasing area, and helps encourage prosocial change. The EO assists with Medicaid/Medicare and SafeNet Rx applications; these government programs assist I/I's to be able to have their medical needs met while in the community. The EO works collaboratively with the Social Security Administration office to complete SSI and Disability applications (if applicable) prior to release. The EO serves as a liaison with other agencies such as Veteran Affairs, Department of Human Services, Iowa Workforce Development, and others as the need occurs. The EO assists with hard to place I/I's; working with counselors, psychologists, and outside providers (when necessary) to ensure a release plan encourages a prosocial lifestyle. This includes applying for funding residential/group homes and utilizing community resources to find appropriate placement. The EO is responsible for completing the necessary release paperwork and ensuring the Board of Parole agreement is accurate and understood by the I/I. The EO works collaboratively with the districts, residential facilities, and POs to ensure there is a smooth transition from incarceration to the community. This includes communicating rules, expectations, locations, and overall insight

into the release process. The EO is responsible for assisting in aftercare programs, including follow up appointments for mental health, civil commitments, sub Oxone, or sober living programs. The EO also serves as a source of information for our counselors, providing knowledge of community resources and housing along with keeping information up to date.

The FDCF EO, Jenni Ortmann, has other roles as well, including an ACTV coach and trainer, serves on the event's committee, on the Crisis Negotiation Team, and is an active member of the Honor Guard. She also instructs NET classes, including Implicit Bias, Defensive Tactics, and De-Escalation.

Support Services

Business Office/Administration

The Business Office is managed by the Associate Warden of Administration and is composed of five functional areas; budgeting, purchasing, accounts payable, incarcerated individual accounts, and warehousing. Staffing within the business office consists of a Budget Analyst 2, Purchasing Agent 2, Purchasing Assistant, two Accounting Clerk 2s, a Storekeeper 3, and two Storekeeper 2s.

Additional administrative staff are employed in the areas of Human Resources, Information Technology, and Training. That staffing consists of a Human Resources Associate, Human Resources Technical Assistant, Information Technology Specialist 5, Information Technology Specialist 3, and a Training Specialist.

FDCF continued its role as the "big bank" and processed outside revenue transactions for all incarcerated individuals within the IDOC as well as processing expenditures for those at FDCF.

Supply chain issues and lead time continued to affect the ability to procure goods and services in a timely manner.

Throughout the facility, multiple staffing changes resulted in eight internal promotions, three promotions from other facilities, three position changes, four rehires, two external transfers, and sixty-four new hires. All of these changes kept human resources and training busy throughout the year.

This fiscal year the Iowa Department of Corrections joined with the Office of the Chief Information Officer (OCIO) to leverage efficiencies resulting in the supervision of IT staff going to OCIO. Training Officer, Adam Reiss, resigned in August and Sgt. Shawn Young was selected to fill that position. Accounting Clerk 2, MacKenzie Condon, was promoted to a Budget Analyst 2 position at the North Central Correctional Facility in November. That vacancy was filled by Amy Carlson-Hammen in January.

Maintenance

In the past year, our Maintenance Department achieved several significant milestones:

1. Welcomed Electrician Luke Sherman as a new team member following the departure of Kurtis Bednarik to NCCF.
2. Successfully closed more than 4,000 work orders and completed several hundred PM tasks throughout the year. Additionally, notable projects were undertaken, including:
 - ◆ Establishment of a new processing area in IPI, featuring a body scanner
 - ◆ Creation of a new office in the Dolliver unit by eliminating a previous blind spot, thus enabling effective space utilization
 - ◆ Installation of a modern kitchenette area in the Emmet unit, along with the reconfiguration of tables and the addition of computer stations.
3. Implemented a new domestic hot water system in the Cedar unit
4. Constructed a shed in the sally port to house a new heart beat detector, enhancing security for vehicles leaving the institution upon implementation
5. Ongoing improvements to the facility's fiber network since April to better support the facility's new camera systems and network requirements
6. Removal of all garbage disposals and installed waste strainers
7. Modified wastewater sampling methods for a more precise account of waste stream contaminants

Food Services

The Fort Dodge Correctional Facility (FDCF) Food Service/Dietary Department consists of a main kitchen, which includes a bakery, ingredient room, production space and other areas with the responsibility for food, labor, and supplies related to the production and distribution of meals. Additionally, there are six unit serveries, which enable incarcerated individuals to eat on their units. A central supply warehouse exists for storage of food service supplies, goods, materials and equipment. The main kitchen receives deliveries from the warehouse on a daily basis.

The department is under supervision of a Food Service Director III who leads 11 Correctional Food Service Coordinators (CFSC), some of whom are licensed and certified in food service safety and sanitation. These employees directly oversee the incarcerated individuals working within the dietary department to protect the integrity and quality of the food being prepared and served. The dietary workforce is comprised of 57 incarcerated individuals from within the facility. All incarcerated individuals are vetted and approved to work in the positions they hold. They are trained by CFSCs in industry best practices for food handling

and preparation so the overall operation of the department can ensure that meal service runs smoothly with minimal errors. Moreover, Dietary helps inmates working in food services develop the skills and abilities necessary to obtain gainful employment in the industry after release.

The food service department feeds approximately 1200 incarcerated individuals in addition to staff and operates seven days a week, 365 days per year. During the fiscal year, there were approximately 1.4 million meals served and the average food cost per meal was \$1.47. Food costs continue to increase due to inflation and distribution issues. At a glance, the FDCF dietary department purchased the following from the centralized distribution center in Woodward; 28,963 pounds of cheese, 17,460 pounds of mixed vegetables, 27,300 pounds of potatoes, 27,140 pounds of pasta, 14,407 pound of chicken quarters, 25,364 pounds of ground beef, and 21,270 pounds of eggs. In addition, the internal bakery operation produced approximately 50,000 loaves of bread during FY23.

Food service functions as an important support mechanism for the health and wellbeing of those incarcerated within FDCF by providing safe and nutritious meals. Utilizing structured menus and procurement processes, we can ensure that the nutritional need of our diverse population is met while still maintaining cost effectiveness. The facility provides meals that are planned and prepared to be nutritionally adequate, favorably acceptable, and within budgetary guidelines through a five-week cycle menu that is monitored by registered dietitians and meets state and federal requirements. The menu is reviewed annually for acceptability by providing a survey to the incarcerated individuals. Therapeutic and religious dietary requirements are addressed for individuals based on the specific needs presented. In consultation with our health care providers, medically necessary adjustments are made for the purpose of improving the health status of individuals in their care. Similarly, the Chaplin provides the religious guidance to assist us in following faith-based restrictions that are applied in the preparation and serving of those persons wishing to adhere to specific religious tenants. The Food Service Department provided over 225 special medical and religious diets and 25 snack bags daily for the year.

FY2023 brought some staffing changes. Tina Ronnebaum left the department on 9/16/2022 to become a correctional officer and was replaced with Sue Travis on 11/14/2022. Gabriel Johnson left on 9/15/2022 and was replaced with Heath Waddell on 3/12/2023.

CFSC Cathy Nyren was selected to receive an Unsung Heroe award out of several hundred candidates, which was presented by Food Management Magazine. Cathy works in the ingredient room and has been influential in maintaining and updating recipes within our food service software.

2023 Employee Recognition Ceremony



Jason Warden

Shawn Young



Eric Bruckner

These individuals were awarded the certificate of commendation Lifesaving Award for their courageous act in an attempt to save someone's life or unselfishly assist in an emergency situation.

FDCF is very proud of these individuals!

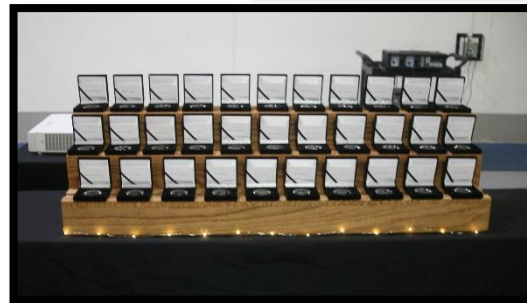


Jenni Ortmann and Jacob Ulicki were recognized for the Team Excellence award for their role in the IDOC Honor Guard.

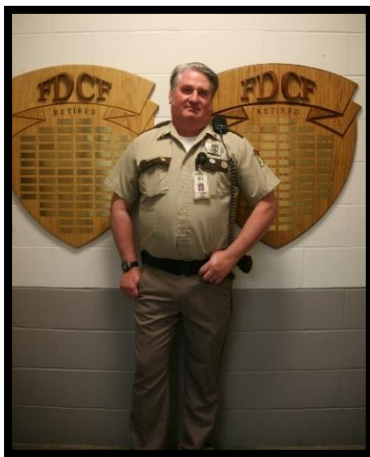
We celebrated **The 25th Anniversary** of Fort Dodge Correctional Facility



UM Bowens gave the welcoming address



On May 10, 2023, FDCF welcomed current and past employees of the facility, along with guests to help celebrate 25 great years at FDCF! The day included a cookout, auction, coin ceremony, and tours offered of the facility. It was an incredible day celebrating 34 individuals who had been on the FDCF journey from the beginning!



LEFT: Pictured is Andy Pedersen wearing the original 1998 uniform!

RIGHT: Pictured is Karen Anderson receiving her coin for her dedication to the facility from the start.





ABOVE: Pictured is some of the recipients who received a coin for their service and dedication to FDCF from the beginning.



ABOVE: Counselor Jeff Cook spoke about his time at FDCF and his experience throughout the years as the facility changed and grew. Cook started as an officer and then transitioned into assisting with the RIVERS Program, and is now currently a counselor.



2022 FDCF/NCCF CRISIS NEGOTIATION TEAM IACNA CONFERENCE CHAMPIONS

Negotiator teams from across the state attended and included multiple DOC teams, along with city, county, state law enforcement agencies, and one federal BOP corrections team.



FDCF became the **FIRST** ever DOC team to ever win the traveling belt since the start of this competition!

The competition was held on September 20th -22nd, 2022 in Waterloo, IA.

At this year's competition, teams took on a seven hour corrections based scenario, where an incarcerated individual was able to take his wife, a pastor, and a correctional officer hostage in the VR. Every team had the same scenario to resolve and only three teams were able to successfully rescue all hostages and the incarcerated individual without injury or loss of life.



Team members included: Ben Birchard, Leonard Peterson, Hannah Glaser, Jola Riggert, Gary Riggert, Dave Dawson (NCCF), and Jeremy Pullen.

Deputy Warden Adam Yetmar (NCCF) also assisted in being an incident commander for the scenario.

Employee of the Quarter



Julie Noltee

July 1, 2022 –
September 30, 2022



Landen Ploeger

October 1, 2022 –
December 31, 2022



Sean Leytham

January 1, 2023 –
March 31, 2023



Ashley Oberg

April 1, 2023 –
June 30, 2023

Statewide Training

April 2023 – Held at ISP



K9 Program



Jamie Weitzel participated with 3 other local individuals to win **FIRST PLACE** at a K9 team competition in Georgia! We are super proud of Weitzel and Otto, especially with this being there first year!



Our FDCF/NCCF K9s & Handlers made a splash in this competition with our very own Jamie Weitzel **tying for 2nd in Agility!** Jamie Weitzel (FDCF), Wade Hammen (FDCF), Mindham (NCCF), and Barnett (NCCF) also won **3rd Place Team Overall!**

Employee Activities



Iowa Cubs Baseball Game



First Pitch/Raffle Winner
Counselor Howell's Son



UM Bowens & CO Johnson
promoted FDCF at the
recruitment booth!



It was a WINNER!



On Friday April 28th, 2023 our NCCF/FDCF
Diversity Committee had the
opportunity to go out in the community to
participate in

“High Five Friday”

The group greeted the South Central Calhoun
Elementary School students in Rockwell City,
Iowa with a high five as they made their way into
school that morning.

Merry Christmas




UM Chris Allen was the winner of
our annual ugly sweater contest!

FDCF gave out over 140 gifts
during our 12 days of Christmas
celebration!

CORRECTIONS WEEK


May 8-12, 2023

 **Monday**
Carmel Popcorn!

 **Tuesday**
Candy Bars!

Wednesday

COOKOUT!

Thursday 
Ice Cream Bars!

Friday 
Gift!



Employees can wear jeans all week!



2022 FDCF PREA TEAM

On September 12, 2022, several members of our PREA team attended a training on Trauma Informed Sexual Assault Response at Central Office in Des Moines, IA.

FDCF is proud of the efforts of all members of the PREA team for their dedication to continued learning to enhance the sexual safety of our facility!

HONOR GUARD VISITS DC!

National Police Week occurs every year in May, holding ceremonies to honor the fallen officers whose names have recently been added to the National Law Enforcement Memorial. Survivors of fallen officers have the opportunity to find support and understanding from other survivors, talk with mental health professionals, and attend seminar sessions that help them and their families address grief. Members of the Iowa Department of Corrections Honor Guard were given the privilege to represent the IDOC during this event.





30 Years	
Karen Anderson	5/10/1998
25 Years	
Tom Delanoit	2/13/1998
Stacey Cline	4/3/1998
Robert Sanchez	2/13/1998
Leonard Willison	7/1/1997
Karen Schleuger	11/12/1997
Dru Saathoff	2/6/1998
Doug Nilles	2/20/1998
Dan Collins	3/27/1998
Cathy Nyren	2/13/1998
Bruce Walker	2/13/1998
Dave McNeil	6/22/1998
20 Years	
Cortney Pearson	5/16/2003
Andrew Wuehr	11/18/2022
Landen Ploeger	6/20/2023

15 Years	
Mike Boatman	12/14/2007
Karen Little	3/7/2008
Jameela West	12/28/2007
Dustin Trunkhill	12/28/2007
10 Years	
Shawn Miller	3/15/2013
Julie Noltee	2/15/2013
Caleb Schwieger	3/15/2013
Andrew McBride	4/26/2013
5 Years	
Shad Berry	9/11/2017
Gregg Rooney	4/6/2018
Angie Pugh	3/30/2018
Aaron Thompson	4/6/2018
Aaron Campbell	11/16/2017
Daniel Jeckell	6/25/2018
Trevor Main	6/25/2018
Alex Pieczko	6/25/2018

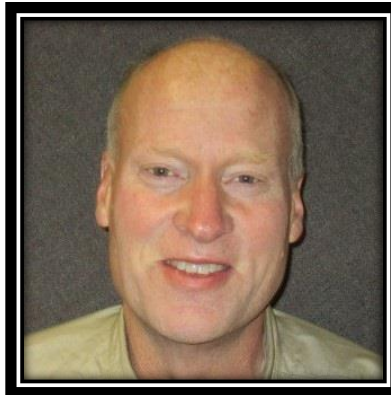
H A P P Y
retirement



Russ Helgevold

Correctional Officer

12/23/2022



Craig Johnson

Correctional Officer

6/30/2023



Ryan Moore

Correctional Counselor

7/29/2022



Stewart

Rasmussen

Correctional Officer

3/29/2023



Paula

Addison

Secretary 1

7/21/2022



July 2022

Anthony Armile
Brandon Lee
Carolyn Pauley
Milton Smith

January 2023

Mark Kehoe
Ashley McLuckie
Amanda Meendering
Jacob Ulicki

August 2022

Bobbi Martin
Jacob Pieczko
Steven Schulze
Dan Teske

February 2023

Brady Gottsch
Tad Larson
Sue Travis
Eli Vegte

September 2022

Christopher Aikin
David Cluney
Robert Goodner
Kelly Pelz

March 2023

Karen Anderson
Amie Espinoza
Erin Pedersen
Leslie Stamp

October 2022

Angie Hiracheta
Andy Pedersen
Aussie Valenzuela

April 2023

Logan Lee
Tabitha Mullenax
Tiffany Quail
Luis Rosado

November 2022

Josh Bonilla
Josh Howell
Kirk Shultz
Jamie Weitzell

May 2023

Stacy Bochart
Esther Kendi
Matthew Seney
Tara Smith

December 2022

Christopher Jensen
Tyler Moothart
Jeremy Pullen
Rachid Zaouch

June 2023

Dillon Ebel
Kailey Pals
Forrest Shady
Brian Strand